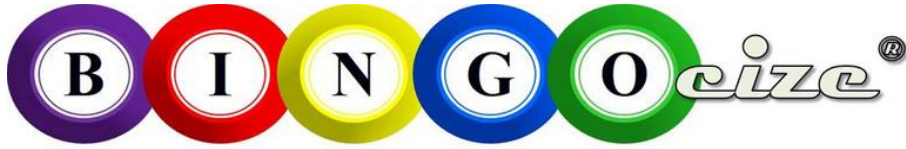


LOOKING FOR A FUN, NEW WAY TO BE MORE ACTIVE?



Bingo + Gentle Exercise = Bingocize®

BINGOCIZE® is a 10-week, 20 session health promotion program that combines the game of bingo with exercise. Play bingo and meet new people while learning more about nutrition.



Sign Up NOW!

**Call (216) 421-1350 x 182
or email**

programs@fairhillpartners.org

Registration is open!
6/15 – 8/19, Tu / Th
11am-12pm

Fairhill Partners is offering Bingocize on Zoom, so you can have fun, stay healthy and participate safely from home! Bingocize will meet 2x per week for one hour per session

Participants need internet access, a computer, laptop, or tablet, with microphone and camera & basic computer skills.

We'll play Bingo, exercise together (seated or standing), and share useful information to help you with nutrition.

Make new friends! Meet others interested in staying healthy. Bingocize is proven to get results!

